



Monthly Newsletter for The Tiffany Homeowners Association • A Covenant Protected Community
email: tiffany.hoa@comcast.net • web address: www.tiffanyhoa.org

January 2018

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Calendar of Events 2018

Board Meetings

- March 5th: Library - 6:30
- June 4th: Park - 6:30
- Sept. 10th: Park - 6:30
- Nov. 8th: Annual Members Meeting Library - 7:00
- Nov. 12th: Whole Foods

Other Events

- March 31st: Saturday Easter Egg Hunt
- May 5th: Saturday Park clean up day - 10:00am
- May 17th: Thursday(tentatively) Bylaws vote - 7:00 Library
- May 25 & 26 Fri & Sat: Annual Yard Sale
- June 2: Saturday Sidewalk Chalk Art Day
- June TBA: Spring Walk Thru
- July 4: Wednesday Annual 4th of July Parade - 10:00
- July 21-22: Sat & Sun Dumpster Day
- August 12: Sunday Annual End of Summer Picnic - 5:00 pm

Don't forget to check out our website at tiffanyhoa.org

Next Board Meeting

March 5th, 2018

6:30 p.m. Library

Check the website for details

Tiffany Neighborhood Holiday Decorations

This year Tiffany's decorators have used a lot of animals to creatively celebrate the holidays. There are flamingos, several dogs, penguins, and bears, a moose, birds, and even a rhinoceros! Too many photos to include; here are some. The decorators are listed below.



Paula Travis @3174 E Hinsdale Place



Gianna, Sebastian, Owen @3137 E Hinsdale Ave.



Erin Kinsey @ 3236 E Hinsdale Place

Tiffany Vandalism

There have been a number of incidences of vandalism here in Tiffany beginning on Thanksgiving. Wires on Christmas lights were cut, frosting or other colored material was used to draw vulgar images on sidewalks, cars have been egged, blow up decorations have been slashed, offensive words written on sidewalks and cars, and one incident of a paper with an offensive image posted on a door. There have already been a number of reports to the Sheriff's office. If you see something suspicious, please call the Sheriff's Department. They want to hear from you.

—Roberta Allen

—Roberta Allen

Tiffany 2018 Calendar

As you can see, our calendar of events is similar to last year's calendar, however, we have changed a few things. We have changed dumpster day from the spring to summer. Historically, the dumpsters were filled up the first night of their arrival with branches and lawn debris and there wasn't sufficient room for other homes to use the dumpster for cleaning out basements or garages. Lawn debris should be either treated as compost or picked up by your local trash company. Also, we will be doing Sidewalk Chalk Art soon after school is out.

Tip From A Police Officer

When you need to report an issue, call the non-emergency number 303-795-4711. Do not file online because sometimes these reports are not reviewed as closely.

—Debbie Raser

Tiffany Board

At the December meeting the following officers were chosen for the 2018 year: President, Roberta Allen, Vice President, Larry Devries, Secretary, Mike Wood, Treasurer/Maintenance, Tom Wood, and Jeffrey Huston, At Large.

Also, Dan Westhoff, Sue Eisen and Alan Siderius remain on the ACC Committee.

—Roberta Allen

Lost and Found In Our Park

Gray long sleeve tee shirt with “Sorry not sorry” written on it.


—Call Roberta
303-779-0361.

What Makes Old Faithful So Faithful?

Yellowstone Park’s Old Faithful geyser erupts every 90 minutes, sending water and steam high into the air to the delight of spectators. According to the Science Magazine website, geophysicists have identified the origin of all that water. Listening to natural vibrations (instead of relying on seismic waves produced by explosives that would damage the park’s environment), the scientists discovered a region of porous rock 200 meters across and 50 meters deep slightly to the west of the geyser. The underground tank contains hundreds of millions of liters of water heated by magma, so there’s no chance of Old Faithful running dry soon.

Photography by Duane

- Duane Rieker
- Photographer
- 720.237.6034
- photographerduane@gmail.com
- www.facebook.com/CentennialPhoto
- Instagram - @photographerduane
- www.duaneriker.zenfolio.com/



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Tiffany Homeowners Association Directors and Volunteers

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Contact any board member by email, tiffany.hoa@comcast.net

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Sue Eisen: susie.e@mail.com, 303-475-8956

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Ladies Night Out: Idette Hunt

Webmaster: Roberta Allen 303-779-0361

Events Coordinator: Roberta Allen 303-779-0361

Remember – Tiffany is a covenant-controlled community. You need to contact an ACC member whenever you change the visual appearance of your home, including your backyard changes. The ACC request form is on our web site or you can call an ACC member to get one as well. Roof replacements must be approved by the ACC prior to beginning the work. Thank you – The Tiffany Board

News Articles

The deadline for news articles is the 15th of the month before the next month’s issue, except for the Jan. issue which is Dec. 6th. Please email news articles to the editor at thetiffanynewsletter@gmail.com. Articles can be no longer than 250 words and must have the author’s name and phone number attached. **All articles must be approved by the editor for publication, or as space permits.**

Advertising

The deadline for advertisements is the 15th of the month for the next month’s issue, except for the Jan. issue which is Dec. 6th.

To place an ad, call **Colorado Lasertype, 303-979-7499.**

Email: getinfo@coloradolaser.com

To find ad rates and discounts, go to

www.ColoradoLaser.com

and click on the “Advertising Rates” link.

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See Something Wrong?

If you see anything in our neighborhood that needs attention, such as a water leak or something broken, please call a Board Member to let us know. We try to keep a close watch on everything but your help is always appreciated. Thank you.

— **The Tiffany Board**

The Board voted to approve a policy that requires garbage pick up on one day a week. Many residents have been concerned that it is a safety issue having so many huge trash trucks zooming through our small neighborhood 5 days a week. It is also a noise and air pollution issue. The Board is requesting that all trash pickup occur on Tuesdays. Residents can pick whatever trash company they want, but their pick up day must be on a Tuesday. This policy will be enforced on July 1, 2018,

Tiffany Ladies Night Out

Tiffany 'Ladies Night Out' group gets together typically on the 3rd Thursday evening of each month. We have a variety of planned activities many that take place in the neighborhood or nearby, and we meet most months of the year. It's a great way to get to know other people in the neighborhood. Consider joining us for our upcoming events. All ladies are welcome! We have a lot of women who attend sporadically and don't attend each month. For more details, contact Idette Hunt, 303-770-6954.



- January 18 - Italian Dinner, bring a dish to share - in the neighborhood
- February 15th - "99" card game and white elephant exchange - in the neighborhood

We had a fun time at the annual Holiday Party. You should join us next year!

—Idette Hunt

Listen to Your Internal Clocks

The "clocks" in our bodies are important to maintaining good health—and messing with them can cause big problems.

Three researchers recently won the Nobel Prize for their work studying how these clocks influence every cell in the human body. According to the NPR website, pulling an all-nighter for work or school, or jet lag caused by a transatlantic flight, can cause blood pressure to go up, disrupt hunger hormones, and increase blood sugar levels. You can overcome these problems over time, but a regular schedule that throws off your body clock can lead to such health problems as weight gain and Type 2 diabetes.

Late-night snacking can also disrupt your body clock. When darkness falls, your "master clock" advises other clocks not to eat. When you override that command, the pancreas starts releasing insulin to break down the food. This can reset the pancreas' clock and take it out of synch with other clocks in your body. The takeaway? Pay attention to the clocks inside your body for better health.

National Clean Out Your Inbox Week

Jan. 22-29

This can be a challenge of epic proportions for those who don't prioritize, sort, and organize incoming emails. Use this week to unsubscribe from or change delivery preferences for electronic communications cluttering your inbox. Save only what's necessary. Delete, delete, delete.

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Try These Tactics To Save on Groceries

We've all got to eat, and unless you're growing (or hunting for) your own food, that means you're got to head to the grocery store on a regular basis. The Huffington Post offers these tips for saving money on your next shopping trip:



- Avoid the inner aisles. Most grocery stores place essential items—dairy and produce—at opposite sides of the store. Pushing your cart through the inner aisles can tempt you to buy stuff you don't really need. Stick to the perimeter and pick out only what you're really after.
- Go for generics. Often generic items have the same ingredients as higher-priced brand items. Check the labels, and choose generics as much as you can.
- Look up and down. Grocery stores generally place more expensive items at eye level, because that's where they're most easily seen. Scan the top and bottom shelves for lower-priced alternatives.
- Stay away from prepared foods. A packaged dinner may seem convenient, but you can usually make the same meal for a fraction of the cost.
- Grate your own cheese. Buy a cheese grater and a block of Parmesan instead of buying it in packaged form. It's cheaper and fresher, and you'll be sure of what you're getting.

CenCON Update (November 27, 2017)

Arapahoe County Sheriff - On the Drug Take Back Day in October, 1110 pounds of prescription drugs were collected. Additionally this year the Sheriff's office has collected 1438 pounds of prescription drugs. Over 100 pounds of syringes have been collected. You can subscribe to a community newsletter at ArapahoeSheriff.org then click on Our Agency then Community Newsletter. Many people are depressed at the holidays; if you need to talk, there is a hotline: 1-844-493-TALK(8255). Southglenn Library had a suspicious box so the bomb squad was called; it ended up to be a box of donated books. If you see something suspicious, the sheriff's office wants you to call especially if it is in the middle of the night. A juvenile walked into an occupied unlocked house at night, picked up the car keys, opened the garage, and drove off with the car; lock your doors!

Arapahoe Library District - Arapahoe Libraries now has a social worker whose primary purpose is to help library patrons. He floats through the branches.

Fire Departments - South Metro Fire Rescue and Cunningham Fire Protection District have agreed to merge operations into a new fire authority. This should provide future cost savings and efficiencies to both districts longer term. (Tiffany is in the Littleton Fire Protection District. South Metro starts at Holly.)

South Suburban - Pass sale and training sale through January 1. Christmas tree mulching starts December 26th on Holly Street. Remember to remove your ornaments. You can pick up mulch starting December 28th. Milliken Park on Clarkson is opening a restroom along the Highline Canal. Lifeguard training is January 2-5 from 9-5 pm at Goodson. Must be at least 15 years old, and retirees are welcome. South Suburban will hire you! Lifeguard training fee waived if you work there for 6 months. All must be able to pass the swimming requirements.

City of Centennial - City is looking at the possibility of a mobile senior center. Share your input at agewell.centennialco.gov/survey. Outgoing mayor Cathy Moon commented on her 8 years as Centennial mayor - Since the city is new, when she first started the City didn't have communications department and the mayor fielded a lot of questions. The city has come of age. People didn't identify to others that they lived in Centennial; they identified with the neighborhood they lived in. She is currently president of the metro mayor's conference. Centennial is the 7th largest city in the metro area. Missy Franklin and IKEA both helped put Centennial on the map and the extra money allows for more roads and more snowplowing.

—Summarized by Debbie Raser

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—Debbie Raser

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AHS Events

Check out what's going on this month at Arapahoe High School! Bring your family to these nearby events:

- 1/6 (1 pm): Varsity Boys Basketball Game @ AHS Gym
- 1/10 (7 pm): Varsity Boys Basketball Game @ AHS Gym
- 1/24 (7 pm): Varsity Girls Basketball Game @ AHS Gym
- 1/26 (7 pm): Varsity Girls Basketball Game @ AHS Gym

These are just a few of the activities going on this month! Check out the LPS calendar of events for more information: <http://bit.ly/2byNjI4>

—Caitlin McKoy

Tiffany Real Estate Taxes

John Huber, former Tiffany board member, announced at the board meeting that he protested his property valuation this year and won. He was able to get his valuation reduced by comparing taxes between houses along the greenbelt vs inside Tiffany vs backing to Dry Creek. John wants you to know that the deadline for protesting is over for this year.

—Debbie Rasor

What is the City's policy on sidewalk snow removal?

We'll eventually get a big snow...

The City does not have an ordinance requiring snow to be removed from sidewalks. The City does not maintain public sidewalks due to the lack of resources available to perform this task. In the interest of public safety and the absence of a City ordinance, the City strongly encourages citizens to remove snow from the sidewalks adjoining their property within 24 hours after a snowstorm ends. Maintenance of sidewalks along state highways in Centennial, such as University Boulevard, Arapahoe Road from I-25 to Parker Road, and Parker Road is not the responsibility of the Colorado Department of Transportation according to state statute. Sidewalk snow removal along state highways is subject to the policies and ordinances of the jurisdiction where they reside; therefore, the sidewalks along state highways in Centennial are not plowed.

—From the City of Centennial website

Activities at Southglenn Library

- Make a Mardi Gras mask pendant - January 5th at 4 pm (teens)
- Native American Flute music - January 6th at 2 pm
- STEAM Series (Ages 5-8): Intro to the Studio (For Kids!)- January 24th at 4:30 pm

—Debbie Rasor

**This Space
Intentionally Left Blank
for Teen Services.**

Healthy Weight Week

Jan. 16-22

This isn't about diets or the latest weight loss trends. A healthy body image is the key to establishing realistic goals and strategies that will help you to achieve and maintain a healthy weight and body mass. Factors such as age, bone structure, height, and physical ability should also be considered when developing personal health standards. Check in with your physician before making any changes to your diet, nutrition, and activities.

TOP 100 MOST INFLUENTIAL BROKERS IN COLORADO

Free Senior Seminar

AGING-IN-PLACE HOME MODIFICATIONS AND IN-HOME HEALTH CARE SERVICES



January 16, 2018 • 9:30 to 11:00 AM
Southglenn Library
6972 S Vine Street, Centennial CO

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